COURSE SPECIFICATION

Professional Doctorate *Sport and Exercise Psychology*

Academic Standards, Quality and Partnerships
Department of Student and Academic Administration

September 2021

COURSE SPECIFICATION

Please refer to the Course Specification Guidance Notes for guidance on completing this document.

Course Title	*Professional Doctorate Sport and Exercise Psychology*
Final Award	Professional Doctorate Sport and Exercise Psychology
Exit Awards	MSc
Course Code / UCAS code (if applicable)	R2607PTC
Mode of study	Full Time, Part Time
Mode of delivery	Campus
Normal length of course	2 - 3 years full time, 3 - 6 years part time
Cohort(s) to which this course specification applies	September 2021 intake onwards
Awarding Body	University of Portsmouth
Teaching Institution	University of Portsmouth
Faculty	Faculty of Science & Health
School/Department/Subject Group	School of Sport, Health and Exercise Science
School/Department/Subject Group webpage	http://www.port.ac.uk/department-of-sport-and-exercise-science/
Course webpage including entry criteria	http://www.port.ac.uk/courses/sports-science/professional-doctorate-in-sport-and-exercise-psychology/
Professional and/or Statutory Regulatory Body accreditations	Health and Care Professions Council, British Psychology Society
Quality Assurance Agency Framework for Higher Education Qualifications (FHEQ) Level	Level 8

This course specification provides a summary of the main features of the course, identifies the aims and learning outcomes of the course, the teaching, learning and assessment methods used by teaching staff, and the reference points used to inform the curriculum.

This information is therefore useful to potential students to help them choose the right course of study, to current students on the course and to staff teaching and administering the course.

Further detailed information on the individual modules within the course may be found in the relevant module descriptors and the Course Handbook provided to students on enrolment.

Please refer to the Course and Module Catalogue for further information on the course structure and modules.

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Educational aims of the course

The Course Specification Guidance Notes include advice on what to include in this section.

The global aim for this programme is to provide students with a multidisciplinary approach as to the role of psychology in sport and exercise settings:

Specific aims:

- Develop, implement and maintain personal and professional standards and ethical practice.
- Apply psychological and related methods, concepts, models, theories, and knowledge derived from reproducible findings.
- Research and develop new and existing psychological methods, concepts, models, theories and instruments in psychology.
- Communicate psychological knowledge, principles, methods, needs, and policy requirements.

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Course Learning Outcomes and Learning, Teaching and Assessment Strategies

The Quality Assurance Agency for Higher Education (QAA) sets out a national framework of qualification levels, and the associated standards of achievement are found in their Framework for Higher Education Qualifications document.

The Course Learning Outcomes for this course are outlined in the tables below.

A. Knowledge and understanding of:

LO	Learning outcome	Learning and Teaching methods	Assessment methods
A1	Establishing, maintaining and developing systems for legal, ethical and professional standards in applied psychology	**Note.** Most of the learning and teaching and assessment approaches for this course are common across the learning outcomes. As such, a longer explanation is initially provided, with minor comments provided thereafter. The central orientation and values that inform the teaching and learning strategy embedded in the programme are to provide a learning experience that meets students' needs, which is underpinned by research-led teaching, and a supportive and enabling learning environment. The programme will be conducted within a demonstrable research culture, as evidenced by the active publication record of members of the programme team and other staff allied to delivery and supervision. During the 'taught' element of the course, students will partake in lectures, tutorials, workshops, and presentations. Students will attend a monthly group workshop session throughout the duration of the programme, which will have a specific learning and teaching theme and	A portfolio of coursework comprising critical reflections, a practice log, and case studies of applied work will provide most of the assessment load along with a detailed report of the student's research and professional development project work. Students will also be assessed on: the development of a research protocol; oral presentation; ability to defend their work in a viva voce situation; reports comprising critical reviews of journal articles in the field in the context of dissemination of findings and influence on practice; a portfolio of work including an article in a journal format, peer feedback, and responses to peer comments

		provide a supportive environment for reflective practice, the development of practice skills, and peer-debate and development. Students will also have a quarterly one-to-one tutorial with their supervisor(s) to reflect on and develop research, professional development and practice philosophy and values, and toward the communication of psychological knowledge.	
A 2	Models of evidence based practice, reflection, and evaluation used to inform and innovate practice within their profession	Tutorials, workshops, and presentations.	A portfolio of coursework; reflections; case studies; oral presentation; ability to defend their work in a viva voce situation
A 3	The ethical and governance frameworks applicable to research and practice within their professional field	Tutorials, workshops, and presentations.	Research protocol, design, and data collection and analysis; oral presentation; presentation of research studies; ability to defend their work in a viva voce situation
A 4	Critical reflection for own learning and professional practice.	Tutorials, workshops, and presentations.	A portfolio of coursework, practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation
A 5	Scientific writing and publication processes within the sport and exercise psychology field	Tutorials, workshops, and presentations.	A portfolio of coursework: the development of a research protocol and presentation of research studies.

B. Cognitive (Intellectual or Thinking) skills, able to:

L O	Learning outcome	Learning and Teaching methods	Assessment methods
B 1	Design, conduct, analyse and evaluate original psychological research, while remaining cognizant of the constraints of this work	Tutorials, workshops, and presentations.	A portfolio of coursework: the development of a research protocol; presentation of research studies; oral presentation; ability to defend their work in a viva voce situation
B 2	Integrate knowledge of science and/or social theory to analyse problems or opportunities related to practice and justify strategies to inform practice	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation

LO	Learning outcome	Learning and Teaching methods	Assessment methods
B 3	Formulate questions, critically appraise, synthesise and evaluate evidence to transfer theoretical, research and professional understanding into areas of practice	Tutorials, workshops, and presentations.	A portfolio of coursework; oral presentation; ability to defend their work in a viva voce situation practice log; case studies; reflections
B 4	Critically appraise the value of theoretical perspectives and research evidence collected and use it to transfer theoretical, research and professional understanding into areas of practice and logically challenge current concepts, thinking and approaches	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation

C. Practical (Professional or Subject) skills, able to:

LO	Learning outcome	Learning and Teaching methods	Assessment methods
C1	Establish, develop and maintain working relationships with clients	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation
C2	Conduct, monitor, and evaluate applications of sport and exercise psychology	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation
C3	Provide psychological advice and guidance to others and facilitate the use of psychological services and promote psychological principles, practices, services and benefits	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation
C4	Plan a research/professional development protocol and prepare an application for approval and demonstrate the likely relevance of the work to the area of practice Communicate the processes and outcomes of psychological and other applications and developments	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation

LO	Learning outcome	Learning and Teaching methods	Assessment methods
C5	Outline changing professional context and manage the processes of change to enable solving of problematic situations as they arise	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation

D. Transferrable (Graduate and Employability) skills, able to:

LO	Learning outcome	Learning and Teaching methods	Assessment methods
D1	Prepare and present evidence in formal settings	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation
D2	Manage information and data to provide feedback to clients	Tutorials, workshops, and presentations.	A portfolio of coursework: practice log; case studies; reflections; oral presentation; ability to defend their work in a viva voce situation
D3	Disseminate theoretical, research and professional understanding and recommendations to critical communities using a variety of formats. Present articles for publication in a scientific or professional journal	Tutorials, workshops, and presentations.	A portfolio of coursework: the development of a research protocol; presentation of research studies; oral presentation; ability to defend their work in a viva voce situation
D4	Interact and network within a multidisciplinary team to conduct research and develop professionally	Tutorials, workshops, and presentations.	A portfolio of coursework; oral presentation; ability to defend their work in a viva voce situation

The current University of Portsmouth Academic Regulations will apply to this course.

A deviation from these regulations in line with the stipulations by PSRB (British Psychological Society) accreditation, students must achieve a minimum pass mark of 50 per cent for all modules that contribute to the accredited award where a quantified marking is employed. No compensation across modules is permissible.

Support for Student Learning

The University of Portsmouth provides a comprehensive range of support services for students throughout their course, details of which are available at the MyPort student portal.

In addition to these University support services this course also provides:

- Laboratory/specialist teaching facilities.

Evaluation and Enhancement of Standards and Quality in Learning and Teaching

The University of Portsmouth undertakes comprehensive monitoring, review and evaluation of courses within clearly assigned staff responsibilities. Student feedback is a key feature in these evaluations, as represented in our [Policy for Listening to and Responding to the Student Voice](#) where you can also find further information.

Reference Points

The course and outcomes have been developed taking account of:

Insert additional reference points or delete as required

- [University of Portsmouth Curriculum Framework Specification](#)
- [University of Portsmouth Vision 2030 and Strategy 2025](#)
- [University of Portsmouth Code of Practice for Work-based and Placement Learning](#)
- [Quality Assurance Agency UK Quality Code for Higher Education](#)
- [Quality Assurance Agency Qualification Characteristic Statements](#)
- [Quality Assurance Agency Framework for Higher Education Qualifications](#)
- [Quality Assurance Agency Subject Benchmark Statement](#) for **Psychology (2016)**
- Requirements of Professional and/or Statutory Regulatory Bodies: **Health and Care Professions Council, British Psychological Society**
- Vocational and professional experience, scholarship and research expertise of the University of Portsmouth's academic members of staff
- National Occupational Standards

Disclaimer

The University of Portsmouth has checked the information provided in this Course Specification and will endeavour to deliver this course in keeping with this Course Specification. However, changes to the course may sometimes be required arising from annual monitoring, student feedback, and the review and update of modules and courses.

Where this activity leads to significant changes to modules and courses there will be prior consultation with students and others, wherever possible, and the University of Portsmouth will take all reasonable steps to minimise disruption to students.

It is also possible that the University of Portsmouth may not be able to offer a module or course for reasons outside of its control, for example, due to the absence of a member of staff or low student registration numbers. Where this is the case, the University of Portsmouth will endeavour to inform applicants and students as soon as possible, and where appropriate, will facilitate the transfer of affected students to another suitable course.

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Document details

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